

## Health Education and Promotion (Title 15, Section 1415)

### 712.1 PURPOSE:

To ensure health education is accessible for youth in the Juvenile Detention and Assessment Centers (JDACs) and Treatment Facilities (TFs) to promote healthy lifestyles regarding health, wellness, and recovery information.

### 712.2 DEFINITIONS:

Health Education: Information on preventing illness, promoting self-care for an existing health condition, and maintaining a healthy lifestyle.

Self-care: Care for a condition that can be addressed by the youth and may include over-the-counter medications.

Individual Educator: Correctional Nurse/Licensed Vocational Nurse designated to provide specific health education to youth for conditions such as acute, chronic, prenatal, and postpartum.

### 712.3 GUIDELINES:

- A. Health education programs shall be interactive, age, gender, and developmentally appropriate.
- B. Brochures and pamphlets on a variety of health topics shall be accessible to all youth throughout the clinic and intake areas.
- C. Health education may be conducted in small group settings as appropriate.
- D. The education program shall be updated as necessary to address health priorities and meet the needs of youth.

### 712.4 RESPONSIBILITIES:

- I. Health Service Manager (HSM):
  - A. Collaborate with local universities to develop Memorandums of Understanding (MOU's), which allow student nurses to provide health education to youth in the JDACs/TFs.
  - B. Oversee health education activities in the JDACs/Treatment Facilities.
- II. Supervising Correctional Nurse I/II:
  - A. Designate a Correctional Nurse and/or Licensed Vocational Nurse as an Individual Educator to provide specific health education.
- III. Correctional Nurse I/II, Licensed Vocational Nurse (LVN), Clinic Assistant:

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## Procedures Manual

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- A. Provide health education during encounters with youth such as intake processing, sick-call rounds, and clinic settings and document in the health record.
  - B. Refer to Forensic Adolescent Services Team (FAST) Alcohol and Other Drug Counselors (AODs) for individual drug and alcohol education needs.
- IV. FAST Alcohol and Other Drug Counselors (AOD's):
- A. Review all referrals for AOD services only.
  - B. Screen and review youth that are referred.
  - C. Provide individual education and counseling on specific AOD needs.
  - D. Inform youth of in-custody 12-step program, when applicable.
  - E. Serve as a liaison to local Juvenile Drug Court for those youth who are or may be detained.
  - F. Provide a list of community resources upon release of those youth previously referred.
  - G. When assigned to a Treatment Facility:
    - 1. Conduct AOD Group Facilitation and Individual Sessions.
    - 2. Perform AOD Group Curriculum Implementation and Development.
    - 3. Provide Relapse Prevention Preparation and Education and Aftercare Services as necessary.