## Course Name: Correctional Health Care Annual Training (CHCAT)

## **Course Summary:**

This course will provide an update on health care concerns related to youth detained in our juvenile detention facilities. The instructors have vast experience working with detained youth and a wealth of education, Master Degrees or above in Mental Health or Social Sciences.

## **Performance Objectives**

Trainees will be able to identify different types of breathing by matching definition with the symptoms. They will be able to list the steps an officer should following a hemorrhagic emergency. Demonstrate correct application of tourniquets. Trainees will also be able to identify, assess and manage suicide risk and ideology. Learn the Crisis intervention techniques and de-escalation.

Time – Day 1	Topics covered	Methodology
0800-0810	Welcome, ice breaker,	Lecture
	Course overview, ground	Group Discussion
	rules	
0810-0910	Sairuna Idantification Cono	Lecture
0810-0910	Seizure Identification, Care and Documentation	
		Video
	Performance objectives,	Group Discussion
	Custody Responsibilities,	Handouts
	Seizure Precautions	Group Exercises
0910-0955	Hypo-Hyperglycemia	Lecture
	Performance Objectives	Group Exercise
		Handouts
0955 - 1100	Measles	Lecture
	Performance objectives	Group Discussion
		Demonstration
		Group Exercises
1100-1200	Stop the Bleeding	Lecture
		Group Exercises

1200-1300	Lunch	
1300-1500	Suicide Prevention	Lecture
		Video/DVD
		Group Discussion
		Demonstration
		Group Exercises

1500 – 1645	De-escalation of Youth in Crisis	Lecture Group Discussion Demonstration Group Exercises
1645 – 1700	Posttest and Evaluations	Lecture Group Discussion Demonstration Group Exercises