

Course Name: Impact of Trauma on Probation Personnel

Cert # 08135902

Course Summary:

This training will cover the foundations of trauma, Adverse Childhood Experiences, and Trauma Informed Care as well as the application in various juvenile justice situations. This is an eight-hour, comprehensive look at Trauma and Trauma Informed Care as applicable to Probation Services, particularly youth detention. It will cover awareness, prevention, and intervention tools. The training is a combination of lecture, activity/hands on, discussion, case study, and media review (video). During this training, participants will have a chance to practice trauma informed responses and walk through specific example scenarios/case studies that explore trauma informed and/or reactionary behaviors. Data and research; assessments; resources and tools will be shared, discussed, and direct access provided; in addition to being provided in a participant handbook inclusive of the presentation with notes, a language/definition list, summary and key points, self-assessment and self-care worksheet, Client Safety Plan Worksheet, and resources list.

Performance Objectives

- a. Understand and appropriately identify reactionary behavior connected to, attributed to, and/or potentially influenced by ACEs and/or other traumatic experiences by people, particularly youth – this will also be explored as adult behavior manifestations;
- b. Identify appropriate responses; potential personal and professional barriers to Trauma Informed Responses; address each barrier by creating response plans and understanding, identifying personal triggers and prevention of such.
- c. Increase officer understanding and ability to identify trauma, reactions, and appropriate responses to prevent secondary trauma, increase appropriate behaviors and resilience while working with clients.

0800	0900	Intro to Trauma	Lecture	Davis, Ami	
0910	1010	Intro to ACEs & Child Development	Lecture Group Discussion	Davis, Ami	
1020	1130	Intro to Trauma Informed Care	Lecture Group Discussion	Davis, Ami	
1230	1330	Reactionary Behaviors & Responses; Identifying Triggers and Warning Signs	Lecture Group Discussion Other	Davis, Ami	
1340	1440	Trauma Informed Techniques/Tools; Positive Youth Development; Case Studies	Lecture Group Discussion Group Exercise	Davis, Ami	

1450	1530	Implementing Techniques (TIC and PYD); Activity/Practice	Lecture Group Discussion Group Exercise Trainee Practice	Davis, Ami	
1600	1700	Self-Care as a Trauma Informed Technique, Reflection, Q & A	Lecture Group Discussion Group Exercise Evaluation	Davis, Ami	